

# The Green Pledge



- Transport** – getting around solely by foot, bicycle and local public transport. This means no planes, long distance trips or cars.
  
- Veg Out** – eating tasty veg food.
  
- Second hand consumption** – ideally you won't be consuming any new products!  
BUT, if necessary, you can buy second hand items (includes clothes, furniture, electronic appliances)
  
- Rug up / Strip off** – this means not using heating or air conditioning
  
- 2 minute showers daily**
  
- Put your bank on notice** – The big four banks are loaning billions of dollars to destructive coal projects, time to send them a powerful message and divest
  
- Get green power** – Green power is a great way to cut down on emissions long term
  
- Zero waste week** – simply create no waste, includes no food packaging
  
- Write three letters** – Activism has always been a driver for positive change. Write letters to your MP and local media about climate change
  
- Just be creative** – if you've got any cool ideas then go for it!

To take part is easy: you must choose at least **five** of these pledges

Read more on [www.thegreenpledge.net](http://www.thegreenpledge.net)